



e-Suhrith



1st April 2026 VOL: 18 ISSUE:19



Wishes a happy UGADI
to all Rotarians, its readers and well wishers



The Header

Dear Rotarians,

The monthly board meeting is planned on 2nd of April to discuss the projects under pipe line for this year and final-ize some of the issues in their implementation.

Only six Rotarians from our club participated in the beach cleaning program organized by Bharath Scouts and Guides. I was expecting more.

On 31/3/2026 we will be attending DG visit at Rotary Club- Mangaluru North.

As you all know that my term will be ending by the end of June 2026, Therefore we may not take up any new projects. We are trying our level best to complete the 3 projects in pipe line.

Regards,

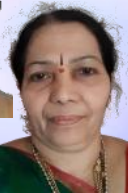


Rtn Ramachandra B. Kunder
President

Celebrations

We celebrate the Birthday of....

- Rtn. Shreesha Bhat Kalkar on 1st,
- Ann Vidya Raghvendra, W/o Rtn. Raghavendra Rao P. on 1st,
- Ann Poornima Rao, W/o Rtn. Umesh Rao Konderpady on 3rd,
- Ann Shubha Jagadish, W/o Rtn. Jagadish on 4th,
- Ann Kasturi Rao, W/o Rtn. Shrinivas Rao P. on 9th,
- Ann Vasanthi Rao, W/o Rtn. Ramesh Rao M. on 14th,
- Annet Nayan, S/o Rtn. Basavaraj Manu on 3rd,
- Annet Praneeth Rao P., S/o Rtn. Krishnamurthy P. on 5th,
- Annet Prerana, D/o Rtn. Sathish Sadananda on 5th,
- Annet Bhuvanachandra, S/o Rtn.Chandahas Shibaroor on 7th and
- Annet Mithun Kumar, S/o Rtn. Bhaskar D on 13th of April



And the Wedding anniversary of

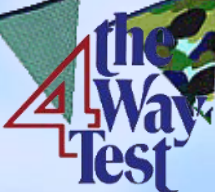
Ann Pushpalatha Shetty and Rtn. M. B.Shetty on 7th April



Conveys our Special Greetings
to them on these special occasions.

Of the things we think, say or do

1. Is it the truth ?
2. Is it fair to all concerned ?
3. Will it build goodwill and better friendships ?
4. Will it be beneficial to all concerned ?



the fortnight that was ...

21-03-2026 - Regular 31th Weekly meeting and dinner meet was held on Saturday.

Dr Appukuttan spoke on the subject 'cosmology'.

Rotarians Sathish Rao I, Ramesh Rao, Dr Gururaj, Ram Mohan Y, Sharath , Ann Dr Shruthi S Rao, Geetha Sharat participated in the entertainment programme. The highlight of the programme was whistle song by duo Rtn Sathish Rao I and his grandson Annet Shaurya Rao Iddya, and the song by Annet Avika . Annets Vriddhi and Laksha displayed a cute dance.



Two Scholarships of Rs. 8500/- and Rs. 11500/- were given to Mr. Akash and Ms. Tejashvi of Govinda Dasa College on this occasion. Scholarships were sponsored by KREC Campus Kids.



28/03/26:- Rotarians of our club participated in Beach Cleaning program organised by The Bharath Scouts and Guides Mangalore. It was a State level Rovers and Rangers Beach Hiking camp. Around 340 students & others participated. Ou President Rtn. Ramachandra Kunder and IPP, Sandeep Rao spoke about the importance of environment and appreciated the students for their efforts in beach cleaning program and also highlighted the need to focus on maintain & sustain Environment & also spoke about ESRAG which has been created by Rotary International for Protecting the environment and conducting programs in this regard. Our club co-sponsored drinking water, biscuits and pens to the participants.



29/03/2026 : Many Rotarians participated in the inaugural ceremony of Swachha Surathkal Abhiyana -2026. Rtn Raj Mohan presided over the program



Rotarians in the lime light....

Rt. Sandeep Rao was awarded with the "Certificate of Graduation" on successful completion of his AGELS program on 22nd February. Program was held at Sampige Resort, Moodabidre.

He was also one amongst the Guests of Honour in the Joint Meeting and Awards conferment ceremony hosted by RC Derlakatte and RC Mangalore Coastal.



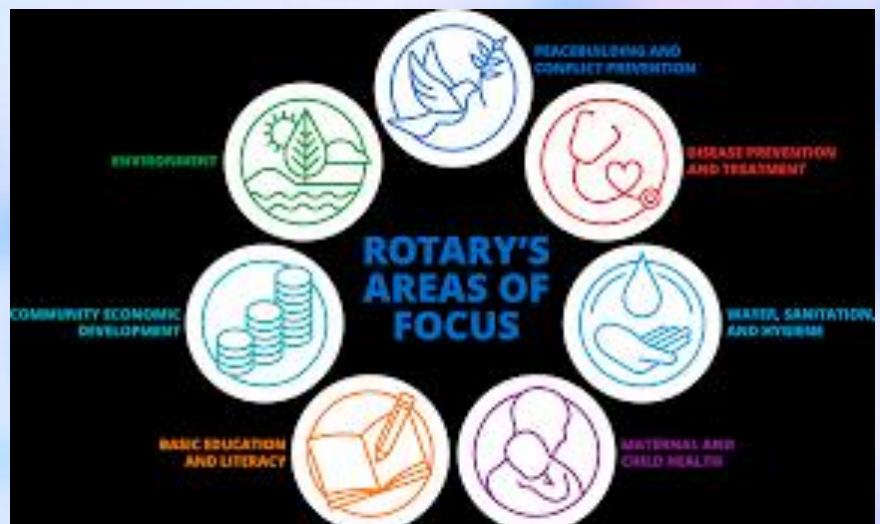
Rtn. Rammohan Y.
Secretary

Seven areas of Focus of Rotary

In order to maximize its impact, Rotary has funnelled its resources and passion into seven specific "Areas of Focus." These categories serve as the blueprint for sustainable service, ensuring that every project—whether local or international—addresses a fundamental human need.

- 1. Promoting Peace:** Rotary believes that peace is not just the absence of war, but the presence of justice, equity, and opportunity. Through its Peace Centers and fellowship programs, Rotary trains leaders to become catalysts for conflict resolution and prevention. By addressing the underlying causes of conflict—such as poverty, inequality, and lack of education—Rotarians work to build a foundation for a more harmonious global society.
- 2. Fighting Disease:** Perhaps Rotary's most famous endeavor is the **PolioPlus** campaign, which has brought the world to the brink of eradicating polio. Beyond this, Rotary members set up health clinics, sponsor medical missions, and educate communities on how to prevent the spread of diseases like malaria, HIV/AIDS, and COVID-19. The goal is to strengthen health systems so that even the most remote populations have access to life-saving care.
- 3. Providing Clean Water, Sanitation, and Hygiene (WASH):** Clean water is a basic human right, yet millions remain without it. Rotary's WASH programs go beyond just digging wells; they focus on sustainability. By teaching communities how to maintain water systems and emphasizing the importance of handwashing and hygiene, Rotary ensures that the impact of a project lasts for generations, significantly reducing the incidence of waterborne illnesses.
- 4. Saving Mothers and Children:** Every year, millions of mothers and children die from preventable causes related to pregnancy and childbirth. Rotary expands access to quality care by providing immunizations, birthing kits, and training for mobile health workers. By empowering women to have healthy pregnancies and giving children a strong start in life, Rotary helps break the cycle of poverty and poor health.
- 5. Supporting Education:** Literacy is the gateway to opportunity. Rotary's goal is to strengthen the capacity of communities to support basic education and literacy, reduce gender disparity in education, and increase adult literacy. Projects range from building schools and providing supplies to mentoring teachers and offering vocational training for adults who never had the chance to learn.
- 6. Growing Local Economies:** Rotary helps people find sustainable ways to earn a living and build their communities. This is often achieved through microloans, vocational training, and agricultural support. By providing the tools and knowledge necessary for entrepreneurship, Rotary empowers individuals—particularly women and marginalized groups—to lift themselves and their families out of poverty.
- 7. Protecting the Environment:** The newest addition to the areas of focus, the environment, acknowledges that the health of our planet is inextricably linked to the health of our communities. Rotary members advocate for policies that protect the Earth, support sustainable forestry and farming, and work on projects that reduce carbon footprints. This focus ensures that the progress made in the other six areas is not undermined by environmental degradation.

The seven areas of focus are more than just a list of categories; they represent a holistic approach to humanitarian service. By concentrating efforts in these sectors, Rotary creates a synergistic effect where improvements in education lead to better health outcomes, and economic growth fosters peace. Through these pillars, Rotary continues to turn its motto, "**Service Above Self**," into a tangible reality for millions of people worldwide





GRIEVANCE REDRESSAL

With the app 'CPGRAMS'

Grievance Details

Grievance Id
MORTH/E/2025/0000454

Status
Closed

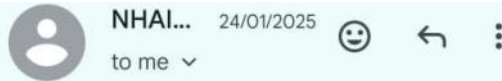
Time
2025-01-08 06:31:51

Description
Road Transport and Highways >> Construction & Maintenance of National Highways >> Quality of National Highways below par

Ministry/Organisation : National Highways Authority of India (NHAI)
Name of State : Karnataka
National highway Number : 66
Stretch Name of the state and the district : Surathkal junction and Mahalingeshwara school cross road

The central lane of the Highway at Surathkal is partly concreted with many ditches in between. There are chances that two wheelers getting hit by heavy vehicles while negotiating these ditched. Also the road margin where Mahalingeshwara school meets Highway is damaged and puts school children at risk. It's also where Service road enters the Highway and many vehicles enter. These two stretch needs urgent attention. Also the highway top coating in Surathkal needs to be inspected as prior to monsoon some upkeppment is to be done.

Feedback
5



Sir,
This is with reference to your Public Grievance No.: MORTH/E/2025/0000454 dated 08.01.2025 received at PIU-Mangalore on 08.01.2025

In this regard, it is to inform that, the development of Surathkal Junction is undertaken by Mangalore City Corporation. Further, it is to mention that, PIU has already informed the Commissioner, MCC to complete the balance work for smooth movement of traffic. The matter is also discussed through various telephonic conversations as well as in the coordination meetings.

धन्यवाद/Thanking you

आपका विश्वासी/Yours faithfully,

Grievance Details

Grievance Id
MORTH/E/2025/0008241

Status
Closed

Time
2025-05-12 10:46:17

Description
In NH-66 stretch between Surathkal and NITK, there is a divider opening near Marigudi temple. The opening is located on a curve, the approach to which is from a high speed section from Chelairu cross towards Surathkal. this has caused many crashes of vehicles info barricades as well as risk to road crossing vehicles. hence it's suggested to shift the opening towards Kulala Bhavana, where the road is straight and vehicles would be just gaining speed from upward curve from NITK towards Surathkal. Kindly look into the matter both with recent accident data as well as design review wrt Design speed of the highway. Road safety is compromised in present form

Feedback
3

Officer Details

Name
Shri Arvind Mohan

Designation
Joint Secretary

Email



From NHAI PIU Mangalore · nhaimang@gmail.com
To sandeep.iddya@gmail.com
Date 20 May 2025, 16:25
Standard encryption (TLS).
See security details

Sir,

This has reference to your Public Grievance No. MORTH/E/E2025/0008241 dated 12.05.2025 received at PIU-Mangalore on 14.05.2025.

In this regard it is to inform that NH-66 stretch between Surathkal and NITK the project highway max. speed is restricted to 50km/hr. Due to the higher speed of vehicles than the allowed limit, such incidents have been reported. We will review based on accident data.

धन्यवाद/Thanking you

आपका विश्वासी/Yours faithfully,

Do you know that there is an app available to get all your grievances with union government addressed to you in your mobile called 'CPGRAMS'. You can down load it from play store and use it to get your concerns brought to the concerned departments/officers.

Here are two examples of how our IPP Rtn. Sandeep Rao Idya made use of the app to get the condition of our Highway brought to the notice of concerned authorities.

Friends,
Here are the answers for the quizzes of the last issue:

Sudoku 1818

Rotry quiz 1818— It is C. Water, Sanitation, and Hygiene

Logical Puzzle 1818— While striking 7 the clock strikes its first gong at 7 o'clock and it strikes 6 more at regular intervals. These 6 intervals take 7 seconds so that the intervals between gongs is 7/6 seconds. However to strike 10 there are 9 intervals each taking 7/6x9 seconds for a total of 10.5 seconds.

9	4	8	6	5	2	1	3	7
7	1	6	8	4	3	9	5	2
3	2	5	1	9	7	6	8	4
1	6	3	7	8	9	2	4	5
2	5	7	3	1	4	8	9	6
4	8	9	5	2	6	3	7	1
6	7	2	4	3	8	5	1	9
5	3	4	9	6	1	7	2	8
8	9	1	2	7	5	4	6	3

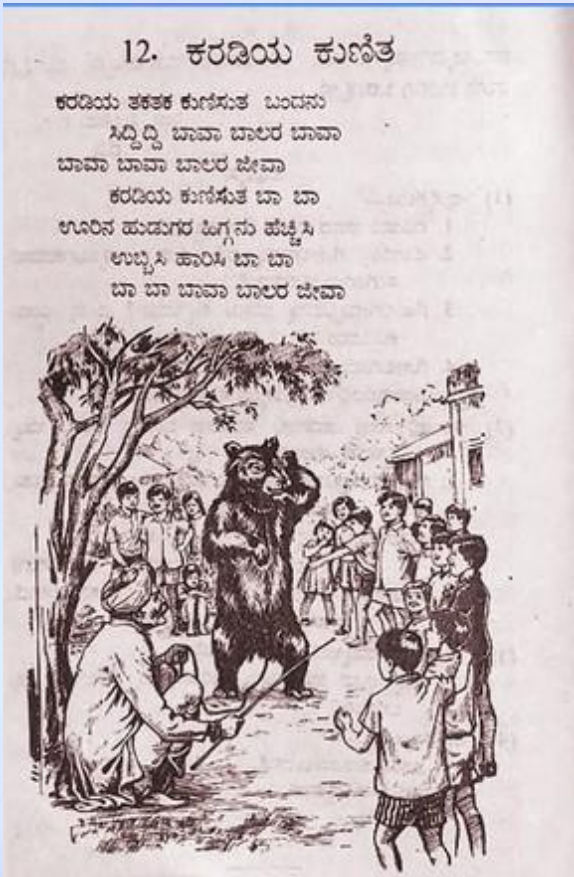
Rotary quiz 1819:

What is the minimum number of members required to form RCC:

- A. 5
- B. 8
- C. 10
- D. 20

1980 ಮಾರನೇ ತರಗತಿಯ ಪದ್ಯ

ಈ ಪದ್ಯ ಸಿದ್ಧಿಸಿದವರ ಹೆಸರೇನು?



12. ಕರಡಿಯ ಕುಣಿತ

ಕರಡಿಯ ತಕತಕ ಕುಣಿಸುತ ಬಂದನು
 ಸಿದ್ದಿದ್ದಿ ಬಾವಾ ಬಾಲರ ಬಾವಾ
 ಬಾವಾ ಬಾವಾ ಬಾಲರ ಜೀವಾ
 ಕರಡಿಯ ಕುಣಿಸುತ ಬಾ ಬಾ
 ಊರಿನ ಹುಡುಗರ ಹಿಗ್ಗನು ಹೆಚ್ಚಿಸಿ
 ಉಬ್ಬಿಸಿ ಹಾರಿಸಿ ಬಾ ಬಾ
 ಬಾ ಬಾ ಬಾವಾ ಬಾಲರ ಜೀವಾ

ಕರಡಿಯ ಕೊರಲೊಳು ಕವಚೆಯ ಸರವು
 ಕಾಲಿನ ಗೆಜ್ಜೆಯ ನುಡಿಸುತ ಬಾ
 ಎರಡೇ ಕಾಲರಿ ನಿಲ್ಲಿಸಿ ನಡೆಸುತ
 ನಮ್ಮನು ನಗಿಸಲು ಬಾ ಬಾ
 ಬಾ ಬಾ ಬಾವಾ ಬಾಲರ ಜೀವಾ
 ಮೂಗಿನ ಮೇಗಡೆ ಮುಂಗಾರಿಂ,
 ಸಲಾಮು ಹೊಡೆಸಲು ಬಾ ಬಾ
 ಮೈಯ ಕೂದಲನು ಪುಟಪುಟ ಜಾಡಿಸಿ
 ನಮ್ಮನು ನಗಿಸಲು ಬಾ ಬಾ
 ಬಾ ಬಾ ಬಾವಾ ಬಾಲರ ಜೀವಾ
 ಡಮಡಮ ಡಮರುಗ ಬಾರಿಸಿ ಬಾವಾ
 ಊರಿಗೆ ಊರನ ಎಬ್ಬಿಸಿ ಬಾ
 ಪರುಪಕ್ಕೊಮ್ಮೆ ಕರಡಿಯ ಕುಣಿಸಿ
 ನಮ್ಮನು ನಗಿಸಲು ಬಾ ಬಾ
 ಬಾ ಬಾ ಬಾವಾ ಬಾಲರ ಜೀವಾ
 ಕರಡಿಯ ಕುಣಿಸುತ ಬಾ ಬಾ
 —ಸಿದ್ದಯ್ಯ ಪುರಾಣಿಕ

Sudoku:1819

		5		7				
						9		2
7		1	2		9	6		
9	5			8		3		
		2			3	6		
			7			5		1
				6				5 9
5	3				9			
				1	5		2	6

Recently I attended the twelfth wedding anniversary celebrations of my good friends Mohini and Jayant. Beaming with pride Jayant looked at his wife and commented, 'At the time we were married Mohini was 3/4th of my age, but now she is only 5/6th.

We began to wonder how old the couple must have been each at the time of their marriage!

Can you figure it out?

Logical puzzle 1819

---Have some Fun---

A pleasant experience :Madhya Pradesh Tour

We were on a 14 days tour to Madhya Pradesh during 2nd week of Feb 2026, the tour operators were Nirmal Travels Mangalore.

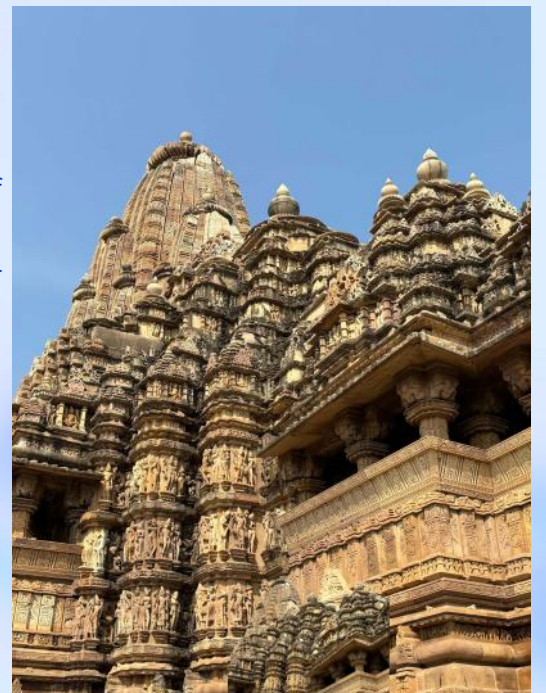
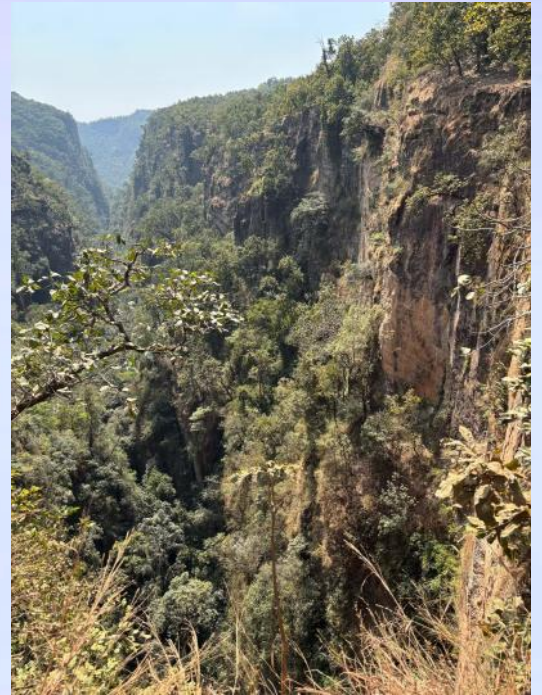
Madhya Pradesh has got the largest forest coverage in India. (25%) First we went to Gwalior via Bangalore embarking on Air India Express. Gwalior is an airport under 'Udaan' scheme. Air India Express only has direct flights to Gwalior from Bangalore. To my surprise none of the tourists preferred this flight, rather preferred Indigo via other routes. Perhaps Ahmedabad flight accident had left an indelible impact on passengers. Khajuraho was one of the prime tourist attraction spots. It is a World Heritage group of Monuments. Campus was extremely clean in contrast to outside area and our full marks are for the archeological department. In sculptures are exhibited life of common man, more than thousand years ago. The temple complex is an expressiveness of ancient Indian art, dance and culture.

Sculptures display path way from worldly life to salvation. Then we went to Pachmarhi a hill station., weather oscillating from 14c to 18c. The entire city was crowded with lakhs of people as Shiva Ratra festival was celebrated there. Our vehicle took nearly five hours to cover just 30 kms. We were

surprised to see people occupying space where ever it was available by just spreading a piece of cloth, Entire family of eight to ten sitting together, lighting wood, cooking food, eating , chatting, laughing and sleeping in open space. One could see the happiness blossoming in their faces.

While we're struggling to get sleep in deluxe room, these devotees were getting sound sleep under severe cold conditions outside. While our tour is driven by money, theirs is driven by devotion. Less desire leads to more joyful life.

We could see typical India there. Commercial shops were set up on either side of the road for miles together. All rural and tribal communities thronged there to get the items of their choice. Gupta Mahadev and Bada Mahadev cave temples



there in attracts thousands of pilgrims. Pachmarhi has a pocket of biodiversity site . We were told it is one of the eighteen biodiversity reserves in India and it is UNESCO Recognised. These sites balance conservation with sustainable human activities. We offered prayers at Jyothirling at Omkareshwar situated on the banks of river Narmada and at Mahakaleshwar Ujjain. The Mahakaleshwar corridor built on banks of river Khsipra with lights, laser beams, art and sculpture is a pride of India. A large scale developmental projects were being executed for the upcoming “

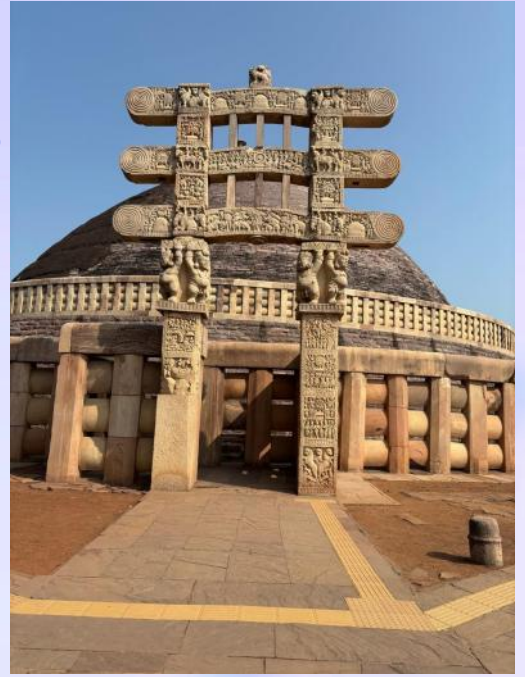
Let us travel.....

Kumbha Mela “ in April. We were eager to visit Indore, the cleanest city in India. Undoubtedly public roads were very clean, while private premises lag. One thing is clear, what ever may be the gigantic effort of Government and NGO’s , every one



must supplement their efforts. Then only, “Swatch Bharath” will be a reality.

We were extremely proud to visit the Ahilya Bai Palace at Maheshwar. The great Queen had rejuvenated more than 33 temples right from Kashi to Rameshwar during her period. It was a period of cultural renaissance. Bhopal is known for large lake in the middle of the city. We visited the most famous Tribal museum and Archaeological Museum of Bhopal. Perhaps it requires



several days to explore the richness of Museum. Last day we went to Bhimbetka an UNESCO site. There are about 750 caves of which we were allowed access to twelve caves. It is an unique Mesolithic site where humans existed 30000 years ago. It is known for cave paintings, hunting and gathering to rituals and celebrations. Roots of present day paintings can be traced to these ancient paintings.

One thing I wanted to share. We traveled between Gwalior, Orcha, Khajuraho Jabalpur, Pachmarhi, Bhopal, Indore and Ujjain , covering on average 200 kms per day and our daily walking for sightseeing crossed bench mark of minimum steps per day . Most of the travellers were senior citizens 70 +. The team was very punctual ,highly disciplined and knowledgeable. Every one complimented each other and enjoyed tour as if it was their first tour.

There were three specially abled persons walking with sticks and their enthusiasm unfurled inspiration in all of us. Old age is not a hurdle but a time to enjoy life leisurely and earn new friends.



Rtn. Ananda Rao M.A.

Your feedback.....

Rtn. Dr. Rajmohan Rao : Esuwrith has come out very well. Nice to note that Rotaractors are making the best use of opportunity given to them. Rtn Shrinivas Rao's article on time management is thought provoking. But regarding multi tasking I have my own reservations. No doubt if we take up many tasks simultaneously our efficiency definitely comes down. Meanwhile if we meticulously allocate our time for different tasks we may be able to give justice to all those tasks. I have seen some students who participate in all activities and do well in studies also. They are multi tasking and allocate their time for all activities systematically. Time management is a very good subject to be taught to all students. ☺

Rtn. Srinivas Dev Rao : Multi-tasking primarily is about doing multiple things simultaneously. Having capabilities to carry out multiple activities is more about multi-skilling.

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Yashomathi (9844642696), **Srinivas Deva Rao** (8939900770) & **Shreesha Bhat** (8861297622)

We meet every TUESDAY @ Vidyadayinee Complex, near GD P U College, Surathkal @ 07. 30 pm